

# COMPULSORY BTEC Level 2 First Award in Sport



*Nobody who ever gave their best regretted it.*

*George Halas*

## **What is the name of the examining body?**

Edexcel

## **Why should I study this subject?**

Studying Physical Education is a fantastic opportunity to engage in 'Active Learning' strategies. Through a sound and intellectually demanding vocational experience, all students will have the chance to gain a nationally recognised qualification that can be used when applying for Post 16 education or employment.

## **What are the main skills you need to succeed in this course?**

**Leadership** - students will be required to plan, deliver and officiate a variety of sporting activities to peers and younger students from both Marriotts and local primary schools.

**Maturity** - Students will be put into work based scenarios and asked to complete tasks as if they were an employee carrying out a duty.

**Empathy** - Students will have to take into account the needs of other students and customers when completing coursework, both written and practical.

## **What areas of study are covered in this course?**

Students will learn about the human body and how it responds to exercise, how to organise and lead sporting activities and events, fitness components, training principles and training methods, how to officiate a variety of sports and how to conduct a notational analysis of their own and their peers performance.

## **How will this course be assessed?**

Unit 1 – Fitness for Sport and Exercise	External exam	25%
Unit 2 – Practical Sports Performance	Coursework	25%
Unit 4 – Sports Performer in Action	Coursework	25%
Unit 6 – Leading Sports Activities	Coursework	25%

## **What are the expectations of me in terms of coursework, homework, out of school attendance at clubs etc.?**

Each student will need to complete assessed coursework on a regular basis. Homework will be set in accordance with the whole school policy to build on learning in lessons and to supplement coursework as well as preparation for the externally assessed exam.

## **What career may this course assist me with in the future?**

The BTEC First Award in Sport will provide a sufficiently broad educational base to enable each student to enter and progress in the Sports & Leisure Industry. There is still a growing demand for suitably qualified staff in this area that are flexible enough to cater for a diverse range of customer needs. It is intended that the Sport course will use each student's skills and enthusiasm in sport to develop an awareness and interest in science technology, which underpins much of the advancements in the Sports & Leisure Industry.

## **Who should I speak to if I require more information?**

Mr Williams